

RICHWOOD BACK ON TRACK 5K BENEFIT RUN/WALK Saturday, July 21, 2007 Richwood, WV

ALL of the proceeds from this race will help fund the construction of a regulation, rubberized track and field facility in Richwood.

- ❖ All participants in the event must be registered (**Cash or Check only**).
- ❖ There will be several age divisions.
- ❖ Registration will be at Dean Memorial Field at **8:00am**.
- ❖ The race will start at **9:30am**.
- ❖ The first 100 people registered will receive a Back on Track T-shirt.
- ❖ Pre-registration forms must be **received** by **July 18th**.
- ❖ The 3.1 mile race route will go throughout Richwood and participants will finish with a lap on the existing asphalt walking track at RHS.
- ❖ Refreshments will be provided.

Directions: Entering Richwood on Rt. 39/55. Drive through stop light, turn right onto White Ave (first right past stoplight). Follow White Ave. and turn left on Lumberjack Street (between city hall and fire dept). Follow until Dean Memorial Football Field.

For more information contact Zach Williams at 304-651-4262, email Williams_mz@wwc.edu or visit <http://rhs.nich.k12.wv.us/>.

Registration Form

Name: _____ Age: _____ Run or Walk (Circle)

Address: _____ City: _____ State: _____

Pre-registration (Before July 18): \$12 _____ Race-day registration: \$15 _____ (Cash or Check only)

Additional Donation: \$ _____ Total Payment: \$ _____

Make checks payable to: **NCBOE** and write a memo of **Richwood Track**

Mail form and payment to: Zach Williams at 44 Ave. A, Richwood, WV 26261

Waiver (must be signed to participate): I, the undersigned, hereby attest that I am in adequate physical condition to participate in this event. I will take full responsibility for any injury to myself acquired during the course of this event. (Parent or Guardian must sign if participant is under 18 years of age.)

Signature: _____ Date: _____