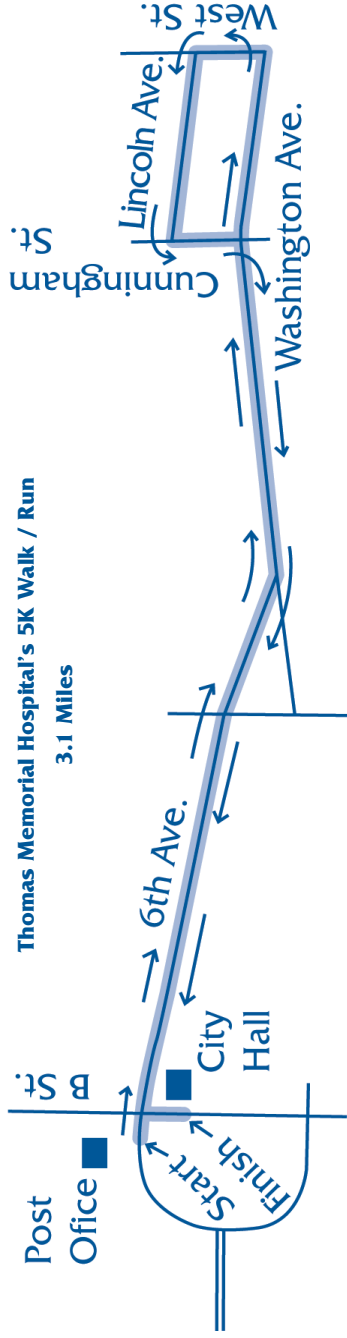


**COURSE**

Start on 6th Ave. at B Street in front of St. Albans Fire and Police Station, go East on 6th Ave. to intersection with Washington Ave., go East on Washington Ave. to West Street. Turn left on West St. to Lincoln Ave. Turn left on Lincoln Ave. Go West to Cunningham Street. Turn left on Cunningham St. back to Washington Ave. Turn right on Washington Ave. Go West on Washington Ave. and 6th Ave. to finish line, at the St. Albans Fire and Police Station.

Printing of brochures courtesy of Dunbar Printing & Graphics



**Thomas Memorial Hospital**  
 Marketing and Public Relations Department  
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 South Charleston, West Virginia 25309  
 (304) 766-3700  
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**26<sup>TH</sup> ANNUAL**  
**5K**  
**WALK • RUN**



Saturday, August 11, 2007  
 in the St. Albans Loop,  
 at the Fire & Police Station

*Run starts @ 8:00 a.m.*  
*Walk starts @ 8:05 a.m.*

