

**ST. ALBANS RIVERFEST
5K RUN & 1 MILE WALK
Saturday, June 30, 2007
8:00 A.M.**

**Race Information: Contact: Jim Hanshaw (H) 722-5560 (C) 539-2326
(W) 727-2251
(Email) jlhanshaw1959@suddenlink.net**

**Start and Finish: The Loop at the 6th Avenue Fire Station, St. Albans, WV
5K Run Entry Fee: \$15.00 Pre-Registration - \$20.00 Race Day
1 Mile Walk Entry Fee: \$10.00 Pre-Registration - \$15.00 Race Day
Make Checks Payable To: St. Albans Riverfest
Send Entry To: St. Albans Riverfest
P.O. Box 2191
St. Albans, WV 25177**

**Awards: M/F Overall Champion, 2nd, and 3rd, Masters Champion
First M/F from St. Albans, Heavyweight 200 Lbs & Over
Awards in the following runners age groups:**

<u>5K</u>			<u>1 Mile Walk</u>
14 & Under	30 - 34	50 - 54	Overall Champion M/F
15 - 19	35 - 39	55 - 59	Youngest & Oldest
20 - 24	40 - 44	60 & Over	Heavyweight 185 Lbs & Over
25 - 29	45 - 49		

**NAME: _____ RACE DAY AGE: _____ SEX: M F
STREET: _____ CITY: _____
STATE: _____ ZIP CODE: _____ TELEPHONE: _____**

CIRCLE ONE

T-SHIRT SIZE: S M L XL XXL

T-SHIRTS ARE ONLY GUARANTEED TO PRE-REGISTERED PARTICIPANTS

ST. ALBANS RESIDENCE: YES NO

Waiver: Must be signed or entry will not be accepted. In consideration of the acceptance in the St. Albans Riverfest 5K or 1 Mile Walk, I the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the St. Albans Riverfest, The City of St. Albans, and any other individuals and organizations assisting with the 5K Run and the 1 Mile Walk, and for any and all injuries suffered by me in this event. I attest and verify to the best of my knowledge, my physical condition and fitness are adequate for me to safely compete, and no physician or qualified individual has advised me against competing in the St. Albans Riverfest 5K or 1 Mile Walk.

SIGNATURE _____

(Parent or guardian must sign if runner or walker is under 18 years of age)

Pre-registration ends on Thursday June 28, 2007 at midnight. Be sure and register early and save