

'09 Spring - Summer Speed Series



#1 Joker Run (4 Mile Run/2 Mile Walk)

Saturday, March 28
9:00am
31st Street Kanawha City
(CAMC Memorial/ WVU Medical Center)

#2 Run w/a Cop (To Benefit Special Olympics)



(5K Run/ 5K Walk)
Saturday, June 13
8:00am
31st Street Kanawha City
(CAMC Memorial/ WVU Medical Center)

#2 Sundown Showdown

(2 Mile Run/Walk)
Friday, May 15
6:30pm
Magic Island/ Kanawha Blvd



#4 Independence Run

(5K Run/ 2 Mile Walk)
Friday, July 3
7:45pm
Haddad Park



Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Cell: _____

Email: _____



Registration Fee \$40 To Participate in ALL Four Events

Individual Registration will only take place on Race Day

\$15 Same Day Registration Runners and Walkers



Please Check All That Apply

Male

Female

Amount Paid

Cash _____

Date of Birth _____

Check# _____

Age _____

Bank _____

Run

Walk

Awards Based on Age as of July 3, 2009

Awards Divisions: 14 & Under 15 – 19 20 – 29 30 – 39

40 – 49 50 – 59 60 - 69 70 & Over Wheelchair

Shirt Size:

Youth: M

Adult: S M L XL 2XL

Registration mailed to:

Charleston Parks & Recreation

Summer Speed Series

200 Baker Lane

Charleston, WV 25302

Information: 304-348-6860

wk@tallmantrackclub.com

cheryl.gaynor@cityofcharleston.org

Information: 304-348-8008

Waiver: I, the undersigned, waive and release myself, my heirs, executors, and administrators, any and all rights and claims for damages, demands, and any other actions whatsoever, which I may have against all participating sponsors and supporters and The City of Charleston, arising out of my participation in this event, including and all injuries, including death suffered me as a result of my participation in this event. I consider myself adequately trained for the completion of this event. Should I suffer an injury or illness, I authorize officials of this event to use their discretion to have me medically treated and transported to a medical facility. I also authorize the sponsors to use any photographs or video taken of me to be used in any promotional materials.

Signature: _____

Parent/ Guardian Signature Required Under 18 years of Age

Date: _____