

Gold Sponsors



Chapman Printing Co.
Parkersburg, WV
(304) 482-8596



Silver Sponsors



Contact Information:

Chip Allman, Race Director
Phone # (304)580-1173
E-mail: runchiprun@hotmail.com

Ashley Wanosky, Marketing Director
Phone # (304)482-4173
E-mail: awanosky@yahoo.com

Hotel Information:

Discounts will be given for race participants.

Wingate Inn
1502 Grand Central Avenue
Vienna, WV 26105
Phone # (304)295-5501
Runner/Walker rate \$89/ per night

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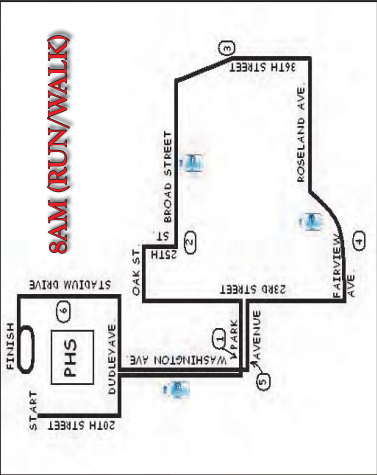
RRCA WV State 10K Championship



8:00 a.m.
Run/Walk



River City Runners Club
P.O. Box 4496
Parkersburg, WV 26104



Directions:

Start and race day packet pick-up will take place at Parkersburg High School Stadium Field (2010 Dudley Avenue).

The Course:

The course is a fully paved, certified loop. The race will begin on 20th Street, beside of the Parkersburg High School Field House, and will conclude at Parkersburg High School Stadium Field.

- 3 water stops
- Ambulance/Medical personnel available at the finish line.
- Restrooms and shower facilities available

Divisions:

Age Groups: Runners - 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
 Walkers - 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Awards:

Male/Female
 Overall/1st, 2nd, 3rd place
 Masters/1st place
 Grandmasters/1st place
 1st, 2nd, 3rd in each age group
 Awards Presentation will be held at Parkersburg High School Stadium Field at 10 AM.



Welcome!

We all have our favorite races. As a young runner in the 1980's, my "favorite race" was clearly the Parkersburg Road Run. It was the "unofficial" championship of both the region and the state. It was the race you didn't want to miss.

For years, individuals have spoken of "bringing back the Road Run." We're excited that it's now back and includes the foundational pieces that everyone remembers. It has Washington Avenue, it finishes in Stadium Field, and yes—this race HAD to include Broad Street Hill.

Add the expertise of the River City Runners Club with race committee Joe Corra, Donna Kramer, and Chip Allman (race director), to a race with a great history, on the "old course", and sprinkle in a little Chikin—we think we have a recipe for a great event.

-George Angelos
 Chick-fil-A
 Owner/Operator



Lunch will be provided to all race participants following the race, courtesy of Chick-fil-A.

Registration:

Early Registration: postmarked by April 15, \$15/\$12 for RCRC Members

After April 15, \$18 (no discount for RCRC members)

Race Day Registration: \$22

Package Pickup:

Friday, May 15th 4PM-7PM
 Chick-fil-A (beside Home Depot)
 210 Grand Central Avenue
 Vienna, WV 26105
 On race day at Parkersburg High School Stadium
 Field from 6:30-7:30 AM

Step 1: Personal Information

Last Name: _____ MI _____
 First Name: _____
 Address: _____
 City: _____ State _____ Zip _____
 Phone: () _____
 Birthdate: _____ Sex: Male / Female

Age on race day: _____
 T-shirt Size: S M L XL
 E-Mail: _____
 Emergency Contact Name: _____
 Emergency Contact Phone: () _____

Run or Walk (circle one)

Please make checks payable and mail to:

River City Runners Club
 P.O. Box 4496
 Parkersburg, WV 26104

Waiver:

In consideration of acceptance, this entry to the Chick-fil-A 10K road race, I waive all for myself, my heirs, and assigns against the Chick-fil-A store, City of Parkersburg, RCRC, RRCA, sponsors and promoters for injury or illness may result from my participation. I attest and verify that I have full knowledge of the risk involved in this event, that I am physically fit and sufficiently trained to participate. I have read the above statement, I understand and my signature confirms its full acceptance.

Name: _____
 Date: _____
 Parent/Guardian if under 18 years old