

## Awards

Trophies and prize money will be awarded to the top five overall winners in the men's and women's divisions. Trophies will be awarded in the Clydesdale Class. Prize money will be awarded to the top three winners in age groups with a trophy for fourth and fifth places. No award duplication in the age groups will occur.

Men and women will compete in separate divisions in the Masters, Grand masters, Wheelchair and age group categories. Identical awards will be presented to men and women.

## AWARDS PRESENTATION

Half Marathon: 1:30 p.m. at the Smoot Theatre at 213 Fifth St. Must be present to win trophy. No trophies will be mailed. All checks EXCEPT for open classes will be mailed.

Two-Mile Race: 10:30 a.m. at Bicentennial Park, Third and Market streets. In case of rain, city council chambers. Must be present to win trophy. No trophies will be mailed.

Half Marathon		Two Mile Race	
Run	Walk	Run	Walk
Open			
1st	\$3,000	\$200	Trophy
2nd	\$2,000	\$150	Trophy
3rd	\$1,500	\$100	Trophy
4th	\$1,000		
5th	\$500		
U.S. runners			
1st	\$1,000		
2nd	\$500		
3rd	\$300		
Wheelchair rim push			
1st	\$500	Trophy	
2nd	\$200		
Wheelchair hand crank			
1st	\$250		
Masters			
1st	\$1,000	\$100	Trophy
2nd	\$500		
Grand masters			
1st	\$1,000	\$100	Trophy
2nd	\$500		
Age categories			
1st	\$60	Trophy	Trophy
2nd	\$40	Trophy	Trophy
3rd	\$20	Trophy	Trophy
4th	Trophy		
5th	Trophy		

## WEST VIRGINIA AWARDS

First male and first female from West Virginia will each receive the \$250 Norma Phillips Award, sponsored by The River City Runners Club. There are also awards for the first Wood or Washington county runner to finish the Half Marathon. All finishers of the Half Marathon receive a medallion.

## HOTELS

There will be a limited number of rooms available at the special runners' rate from these hotels.


The rooms are on a first-come, first-served basis. Reservations MUST be made BEFORE Aug. 1, 2007. After that date, all unreserved rooms will be put back into the hotel's inventory.

Red Roof Inn  
3714 E. 7th St.  
Parkersburg, WV 26101  
(304) 485-1741  
\$57.99/night

Wingate Inn  
Vienna Parkersburg  
1502 Grand Central Avenue  
I-77 Exit 179/Sr 68 S To Sr 14, Vienna, WV 26105  
1-877-477-5817  
(304) 482-4675  
\$74.50/night

For additional race information, visit  
[NewsandSentinel.com](http://NewsandSentinel.com)  
or call 1(304) 485-1891

- Additional lodging options
- Maps of all races
- Information about ordering race photos
- Late-breaking information
- Past race information
- Links to other area races
- Order post-race photos



**OGDEN NEWSPAPERS 20K CLASSIC**

Runners who compete in both the Ogden 20K and The News and Sentinel Half Marathon will receive a special T-shirt and be eligible for additional cash prizes. ( Must preregister in the Half Marathon By Aug. 9 to get special additional T-shirt )

# PARKERSBURG NEWS AND SENTINEL RACES

## AUG. 18, 2007

# HALF MARATHON

## AUG. 19, 2007

# TWO-MILE RACE

## AUG. 19, 2007

# JUNIOR RACES

# TINY TOT TROT



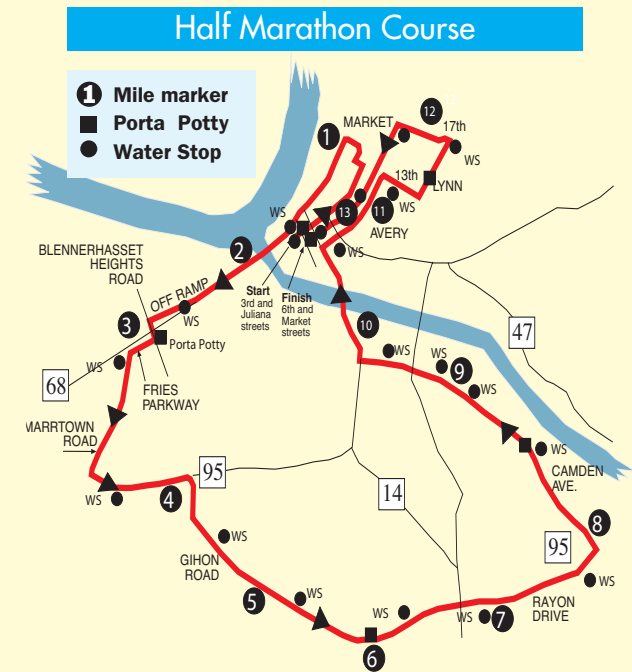
## AUG. 18-19, 2007

### ENTRY FORM



RRCA NATIONAL  
HALF MARATHON  
CHAMPIONSHIP

Printed by Chapman Printing Co.  
405 Ann Street, Parkersburg, WV, 1-304-485-8596



TO REGISTER ONLINE FOR ALL RACES VISIT:  
[www.NewsandSentinel.com](http://www.NewsandSentinel.com)

Also on the Web site: Past finishers, race maps, features and photos.

### SPONSORS

This race is made possible through the generosity of these and other businesses.



Mountain State  
BlueCross BlueShield



SOLVAY  
ADVANCED  
POLYMERS



Camden-Clark  
Memorial Hospital  
For Your Lifetime



Gatorade  
ENDURANCE  
FORMULA



COUNTY COMMISSION



SIMONTON  
WINDOWS  
We make lasting impressions™



RIVER CITY RUNNERS  
PARKERSBURG, WEST VIRGINIA



PEPSI



Chapman Printing Co.  
Parkersburg, WV  
(304) 485-8596

## Races

### HALF MARATHON: Saturday, Aug. 18

The Parkersburg News and Sentinel Half Marathon begins at 8 a.m. in downtown Parkersburg. The rolling course will take you out of the city and into the scenic surroundings of West Virginia before looping back into the commercial area. You will finish the race to the cheers of thousands of spectators lined up on Market Street prior to the Parkersburg Homecoming Festival Parade. Minimum age to participate in the Half Marathon is 15. See our Web site, [www.NewsandSentinel.com](http://www.NewsandSentinel.com) for a complete listing of age categories. Prize money for NCAA eligible runners is donated to the Newspapers in Education Fund.

### TWO-MILE RACE: Saturday, Aug. 18

Starting line is at Third and Juliana streets at the Towne Square Parking Garage and the finish line is at Sixth and Market streets. Race begins at 8:05 a.m. Awards will be presented at 10:30 a.m. at the Bicentennial Park area. Team trophies will also be awarded.

### JUNIOR RACES: Sunday, Aug. 19

Based on age, the event will have age- and gender-based races for children ages 6-11.

### TINY TOT TROT: Sunday, Aug. 19

The race is for children 5 years old and under and will be held at the Parkersburg High School Stadium at 1 p.m. Sunday, Aug. 19. The Parkersburg News and Sentinel Tiny Tot Trot is a short-distance race designed especially for children age 5 and under. (To ensure the safety of the children, there will be races for each age and gender. All competitors in both races get a medal. All participants get a T-shirt.) These races will follow the Junior Races, starting at 1 p.m. Sunday, Aug. 19, at Parkersburg High School's stadium. Runners in kids' races can register on race day starting at 11 a.m. and ending just prior to the races. You can also preregister by mail, online or at the Runners Expo on Aug. 17.

### WATER STOPS

The News and Sentinel Half Marathon has 18 aid stations

servicing water and Gatorade, starting at the 1.5 mile mark. Health-care professionals from Camden-Clark Memorial Hospital will be located at various sites throughout the course to provide medical assistance. The Two-Mile Race and kids' races also have water stops.

### Key facts

#### STARTING TIMES

August 18, 2007

7:30 a.m. - Walkers start

7:50 a.m. - Wheelchair start

8:00 a.m. - Half Marathon start

8:05 a.m. - Two Mile Race start

11:00 a.m. - Course closes

August 19, 2007

1 p.m. - Junior Races and Tiny Tot Trot races begin

#### STARTING LINES

Half and Two Mile: Third and Juliana streets at the Towne Square Parking Garage entrance.

#### FINISH LINE

6th and Market streets

#### HOSPITALITY AREA

United National Bank parking lot.

#### SHOWERS

Following the race, showers will be available at the Market Square YMCA, 716 Market St.

### VISITORS INFORMATION

In addition to the News and Sentinel Half Marathon and other homecoming activities, the Mid-Ohio Valley is packed with many other special attractions. Visit [www.ParkersburgCVB.com](http://www.ParkersburgCVB.com) for details.

### General race information

#### REGISTRATION, EXPO AND PACKET PICKUP

You can pick up your race packet and register for all races and shop at the Runners Expo from 2 until 9 p.m. Aug. 17 at the Parkersburg Municipal Building.

### THERE WILL BE NO RACE DAY REGISTRATION OF THE HALF MARATHON OR TWO MILE RACE

Packets for the Half Marathon and Two-Mile Race also can be picked up on race day from 6 until 7 a.m. at the Parkersburg Municipal Building. Timing chips for both races must be picked up race day near the starting line.

### PRE-RACE PASTA DINNER

One of the outstanding features of the News and Sentinel Half Marathon is our pre-race pasta dinner. The dinner is held from 5-9 p.m. at Bureau of Public Debt Cafeteria at the corner of Second and Market streets. The cost of the dinner for Half Marathon participants is included in the entry fee. Guests and two-milers may buy dinner tickets at the door.

### POST-RACE PIZZA LUNCHEON

There will be a post-race pizza luncheon served at the Public Debt Cafeteria from 11:30 a.m. to 1 p.m. on Saturday after the race. The luncheon cost for participants is covered in the entry fee. Runners must present their Half Marathon race number for admission. Guests and two-milers may buy luncheon tickets at the door.

### ENTRY FORM

Complete and return with payment to: 519 Juliana St. Parkersburg, WV 26101.

What race are you taking part in?

Half Marathon  Two-Mile Race  Junior Races  Tiny Tot Trot

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Country: \_\_\_\_\_ Date of birth: \_\_ / \_\_ / \_\_ Age on race day \_\_\_\_

Gender:  male  female

e-mail: \_\_\_\_\_ Phone \_\_\_\_\_

#### Half Marathon

Runner

Walker

Wheelchair rim push

Wheelchair hand crank

Clydesdale (215 male, 155 female)

Competed in Ogden 20K

#### Two Mile

Runner

Walker

Wheelchair

I am on a team

School  Family  Company

\_\_\_\_\_ Name of team

No baby joggers, dogs, headphones, skates or skateboards permitted in the Half Marathon.

T-SHIRT SIZE:  Youth small  Youth medium  Youth Large

Adult small  Medium  Large  X-large  XX-large

How did you hear about the race?

Newspaper  Internet  Direct mail  Radio  TV  Past runner

Family or friend  Other

### PAYMENT

MAIL COMPLETED FORM AND SIGNED WAIVER WITH CHECK, MONEY ORDER, CASH OR CREDIT CARD INFORMATION TO:

The Parkersburg News and Sentinel Half Marathon  
519 Juliana Street  
Parkersburg, W.Va. 26101

PAYMENT METHOD  Check  Cash  VISA  MC  DISCOVER

Name on card \_\_\_\_\_

Card number \_\_\_\_\_ Exp date \_\_\_\_\_

Card holder signature \_\_\_\_\_

You can also register online at [www.NewsandSentinel.com](http://www.NewsandSentinel.com)

### WAIVER:

In consideration of the acceptance of my entry and/or participation in the 2007 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot, in Parkersburg, West Virginia, and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I, for myself, my heirs, successors, executors, administrators, distributees, and assigns, do hereby forever release and discharge the 2007 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun/Health Walk, Parkersburg News and Sentinel Junior Races and Parkersburg News and Sentinel Tiny Tot Trot, the City of Parkersburg, any and all sponsors, volunteers, and committee members, and any and all directors, officers, principals, shareholders, owners, officials, representatives, members, volunteers, trustees, servants, agents, employees, successors, and assigns of the 2007 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun/Health Walk, Parkersburg News and Sentinel Junior Races and Parkersburg News and Sentinel Tiny Tot Trot, the City of Parkersburg, and any and all sponsors, jointly and severally, from any and all personal injury, death, or property loss or damage and/or any and all responsibility, liabilities, actions, causes of action, claims, rights, judgments and executions, and demands, of whatever nature or kind, foreseen or unforeseen, known or unknown, direct or indirect, now or hereafter arising, or otherwise, in any way connected with, arising out of, or resulting from my preparation for or participation in the 2007 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot. I acknowledge and confirm that I am fully aware of the risks involved in this event and running races generally, and freely, clearly, and expressly agree to accept and voluntarily assume full responsibility and liability for any and all risks of personal injury, death or loss of or damage to property in any way connected with or resulting or arising from my preparation for or participation in this event. I certify that I am physically fit and sufficiently trained to prepare for and participate in the race. Further, in consideration of the acceptance of my entry and/or participation in the 2007 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot, and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I hereby agree, on behalf of myself, my heirs, successors, executors, administrators, distributees, and assigns, to indemnify any, all or any combination of the aforesaid, jointly and severally, and to hold and save harmless any, all or any combination of the aforesaid, jointly and severally, from and against any and all personal injury, death, or property loss or damage and/or any and all actions, claims, causes of action, demands, liabilities, losses, damages, responsibility, rights, judgments and executions, or expenses of whatever kind and nature, foreseen or unforeseen, known, or unknown, direct or indirect, now or hereafter arising, or otherwise, including, without limitation, attorney fees, which may at any time be incurred by reason or arising out of my participation in or preparation for the aforesaid, the 2007 Parkersburg News and Sentinel Half Marathon, Parkersburg News and Sentinel 2 Mile Family Fun Run/Health Walk, Parkersburg News and Sentinel Junior Races and/or Parkersburg News and Sentinel Tiny Tot Trot. I further certify that I have read complete details regarding the race and the foregoing, and have full understanding of their contents. Entry or participation in the race is an absolute acknowledgment of my agreement to the foregoing terms and conditions.

Athlete's signature or parent's signature (if under 18)

X

Date \_\_\_\_\_



### ENTRY FEES

Half Marathon

Entry fee \$30, if postmarked by July 15, 2007.

Entry fee \$35, if postmarked between July 16-31, 2007.

Entry fee \$40, if postmarked between Aug. 1 and Aug. 17, 2007.

(There is a \$35 lost chip fee.)

Pasta dinner and Pizza lunch tickets for guest (\$7, \$5) and children (\$4, \$3) may be paid at the door. Two-mile runners can attend pasta dinner for \$3 by showing bib at the door.

RIVER CITY RUNNERS MEMBER Members receive a \$5 discount off the Half Marathon if they register by July 15, 2007.

Two-Mile Race

Entry fee \$10, if postmarked by July 15, 2007.

Entry fee \$15, if postmarked after July 15, 2007.

(There is a \$35 lost chip fee.)

Junior Races  \$8

Tiny Tot Trot  \$8