

Run For The Flag

5K run



3K walk

Nitro, WV

Saturday, July 25 8:30 a.m.

All entry fees from "Run For The Flag" go to the VFW Memorial Park in Nitro

Held in conjunction with the Boomtown Day celebration, the run begins at City Hall, continues through the streets of Nitro to Ridenour Lake and finishes back at City Hall

T-SHIRTS TO ALL REGISTERED RUNNERS
(while supplies last)

Entry Form

Name _____

Trophies and Medals to the top runners

Address _____

Male / Female (circle one)

City/State/Zip _____

Age on race day: _____

Phone _____

5K or 3K (circle one)

Email _____

T-shirt size _____

Registration is \$15 if postmarked by 07/15 and \$20 after 07/15. Late registration is 7-8a.m. on race day. Make checks payable to City of Nitro Parks and Rec.

Release: As consideration for registering in this entry, I hereby release for myself, my minors, and assume any and all claims for injuries and damages which may occur as a result of my participation in this race and which I might have against the "Run For The Flag", it's organizing committee, The City of Nitro, it's governing committee, it's employees, all sponsors of the "Run For The Flag" race, and any other business, organization or individual associated with the "Run For The Flag" or this race. Additionally, I agree to release any and all photographs of myself taken during the race for promotional purposes.

Signature/Date _____

send checks and entry forms to:

Nitro 5K 3K Run Walk
P.O. Box 308
Nitro, WV 25143

Parent or guardian signature (required for minors)

Sponsors:



Local 1822