

Nicholas Caldwell went home to be with the Lord on April 29, 2008, after a tragic hunting accident. He was sixteen years old, and would have been a graduate at Saint Albans High School in 2010. All proceeds from the race will go towards the Nick Caldwell Memorial Scholarship, which will benefit three seniors of the graduating class at Saint Albans High School.

Course: We will be using a new course for this race. It will start and end on Hudson Street, which is right beside of the high school. The course is mostly flat except for one hill near the end. We will be using the school for pre-registration and awards.

Time:

Registration will take place at 8:30-10:00am
5K Run- 10:00am 1 Mile Walk- 10:05am

Pre-Registration

(Postmarked before Oct 30):

5K Run- \$15 1 Mile Walk- \$5

Race-Day Registration

5K Run- \$20 1 Mile Walk- \$10

First 100 are guaranteed a T-Shirt

Age Divisions:

14 & Under/15-17/18-19/20-24/25-29/30-34/
35-39/40-44/45-49/50-54/55-59/60-64/65+

AWARDS:

Presented by S&S Teamwear and Trophies

Buck and Doe Trophies go to the following:

- Top 3 Overall Male and Female
- First Place in each age division

Medals go to the following:

- Second and Third Place in each age division
- Top 10 Walkers

NO AWARD DUPLICATION



Door Prizes:

All registered participants will be eligible for door prizes drawings awarded following the run/walk. You must be present to win.

New Timing System presented by TriStateRacer.com:

- We will be using bibs instead of Popsicle sticks.
- Each mile will be labeled and times will be called out.
- Customized results will be sent via e-mail to each participant.
- Results and pictures will be posted on race day on both TriStateRacer.com and lplayoutside.com

Please complete registration form and mail to:

**Nick Caldwell Memorial Race
16 Red Oak Drive
Nitro, WV 25143**

**Make Checks payable to:
Nick Caldwell Memorial Race**

For Additional Information Contact:

Richard Campbell

Campbell153@marshall.edu

304-416-2502 or 304-722-3577



Name: _____

Age: _____ Gender: M/F

Address: _____

City _____ State: _____

Phone Number: _____

E-Mail: _____

Event Entered: 5K Run 1 Mile Walk

T-Shirt Size: S M L XL XXL

General Release: I know that strenuous exercise is a potentially hazardous activity and that I should not enter this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race organizers, Kanawha County, and any and all of its employees, representatives, or agents, the City of Saint Albans and any and all of its employees, and all sponsors and their representatives and successors, from all claims and liabilities of any kind arising from my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the person(s) named in this waiver.

Signature: _____

(Parent/Guardian must sign for entrants under 18)

Date: _____

2009 Sponsors

Please let them know your appreciation!!

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- State Farm Insurance- Rob Bowers
- All American Financial Services, LLC

Bronze Sponsors

- Skateland of Campbells Creek
- David Smith Frame and Body INC.
- Gifted Psychic Jerry Lee

Donations

- John F. Wiles O.D.
- Kutz by Krista
- In Stitches Embroidery
- Caldwell Rentals LLC
- CustomInk.com



NOVEMBER 13, 2010

**SAINT ALBANS
HIGH SCHOOL**

5K RUN & 1 MILE WALK

START TIME: 10AM

