

# Kanawha County School Masters Association

## *Turkey Trot 5K & 2 Mile Walk*

### *Kanawha State Forest*

**Thursday (THANKSGIVING) – November 25, 2010**

**Registration 7:45 AM to 8:45 AM**

**Race begins at 9:00 AM Shelter #8 (POOL)**

**Entry Fee: \$15.00 in Advance / \$20.00 Race Day**

**First 150 Participants will receive a T-Shirt**

**Male and Female 1<sup>st</sup> Place Overall**

**Age Groups: Wheelchair, Male and Female : 14 and under, 15-19, 20-24,  
25-29, 30-34, 35-39, 40-44, 45-49, 50-55, 56-59 and 60 & over.**

**Awards: 1<sup>st</sup> place: Turkey / 2<sup>nd</sup> place: Medal**

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Age as of 11/25/10: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_

Entering: 5K \_\_\_\_\_ Wheelchair: \_\_\_\_\_ Walk: \_\_\_\_\_

Circle: T- shirt size: M L XL (adult sizes)

**Release of Responsibility: In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, waive all claims, for myself, my heirs, executors and administrators waive and release all rights and claims for damages I may have against the City of Charleston, Kanawha State Forest, Kanawha County Board of education, Kanawha County School Masters Association and any other individuals and organizations assisting with the run or walk, for any and all injuries suffered by me and/or my family in the event. I verify that I am physically fit and have sufficiently trained for the completion of this event.**

**Signature (Parent or Guardian must sign if under 18 years old:**

For more information contact : George Aulenbacher – 304-348-7770 Ext. 302/ 304-348-6123

Email: gaulenbacher@kcs.kana.k12.wv.us

Mail Checks to:

**Kanawha County School Masters Association  
812 Park Ave, Charleston, WV 25304**