

JANUARY 1979

KANAWHA VALLEY ROAD RUNNERS

Post Office Box 2022

Charleston, West Virginia 25327

1979 HONORARY MEMBERS

DONALD COHEN

CARL "THE HAT" HATFIELD

JOHN PIANFETTI

IT IS THE EFFORTS OF THESE INDIVIDUALS THAT WE ARE HONORING HERE. EACH, IN HIS OWN WAY, HAS DONATED MUCH MORE THAN JUST TIME TO RUNNING.

THEY ARE NOT JUST THE DREAMERS, BUT THE DESIGNERS AND BUILDERS WHO WE HAVE NEEDED TO ADVANCE RUNNING TO WHERE IT IS TODAY.

TAKE A SEAT

The next time you're in Laidley Field look for our Kanawha Valley Road Runner Club seats. By buying Laidley Field seats we (K.V.R.R.C.) hope to show our support of this worthwhile project.

K.V.R.R. CLUB BANQUET

Watch the newspapers for notice of the second Annual K.V.R.R.C. Banquet to be held MARCH 15 at 6:00 P.M. at the BONANZA STEAK HOUSE in ST. ALBANS. We are honored to have as guest speaker, DR. HAROLD SELINGER, a Specialist in Cardiovascular Diseases. A film, "RUN FOR LIFE" will also be shown at this meeting. Reservations for this Banquet will not be required.



It's not the whole thing either...the power that's behind the right-of-way.

FUN RUNS

If you like the idea of running at an easy pace and making new friends, just make a point to be with us at our next **RUN FOR FUN**, which is being held every **SATURDAY** and **SUNDAY** at 8:30 a.m. The starting point is in front of the WEST VIRGINIA MEDICAL EDUCATION BUILDING next to CHARLESTON MEMORIAL HOSPITAL in KANAWHA CITY. So join us and enjoy one of the true joys of running.

NEWSWORTHY NOTE

The ST. ALBANS HIGH SCHOOL CROSS COUNTRY TEAM is initiating action to have an eight-man twenty-four hour relay in the hopes of raising additional money to complete the SAHS track facility. They have received encouragement and support from several area businessmen and shortly plan to meet with the City Administration to finalize plans. As it now stands, the relay will take place at the ST. ALBANS MALL sometime in MARCH. K.V.R.R.C. pledges its support.

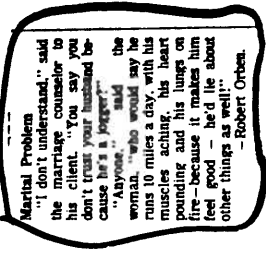
10% DISCOUNT FOR MEMBERS

Put your feet into a top quality pair of running shoes and get a 10% discount at "THE ATHLETES FOOT". Just present your 1979 K.V.R.R.C. CLUB CARD.



K.V.R.R.C. RECORD

As of January 28, JOHN MANDEVILLE will have three years without missing a day. To John, a Carbider, who will be leaving us in July for a two-year stay in Louisiana, we wish the best of luck in 1979.



1978 RACE DIRECTORS

| | |
|----------------|------------------------|
| DON BARNETT | PAUL CANTREL |
| FRED WAYBRIGHT | RICH & LINDA MECFESSEL |
| CARL HATFIELD | TOM ROBERTSON |
| WORLEY STOUT | BILL KEEN |
| DICK HENDERSON | HARVEY WEGERT |
| AL ANSON | RAY BOYD |
| ED HOLSCLOW | JOHN MANDEVILLE |
| JIM JONES | DAVID COPELAND |

IT'S THE HARD WORK OF ACTIVE CLUB MEMBERS LIKE THESE THAT HAS MADE 1978 A GOOD GROWTH YEAR FOR THE CLUB. THANK YOU ALL FOR AN OUTSTANDING JOB.

1978 CLUB OFFICERS

| | |
|----------------|-------------|
| AL ANSON | (PRESIDENT) |
| PAT LEWIS | (SECRETARY) |
| DAVE COPENLAND | (TREASURER) |

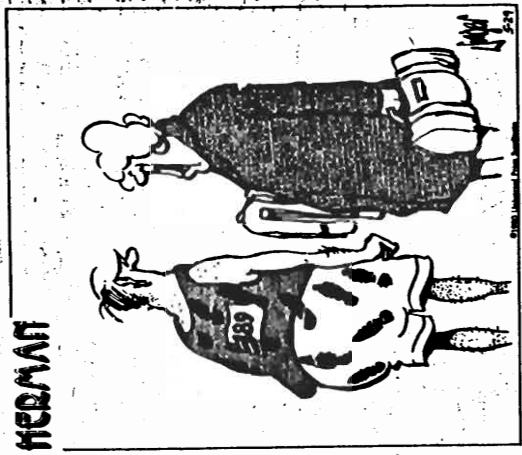
A SPECIAL THANKS TO PAT LEWIS (OUR SECRETARY) FOR ALL THE WORK SHE HAS DONE, NOT ONLY IN THIS PAST YEAR, BUT IN YEARS PAST. PAT, A NON-RUNNER BY THE WAY, HAS TRULY BEEN A LIFESAVER.

Mail any newsworthy articles you would like to see in the K.V.R.R.C. Newsletter to K.V.R.R.C., P. O. Box 2022, Charleston, W. Va. 25327

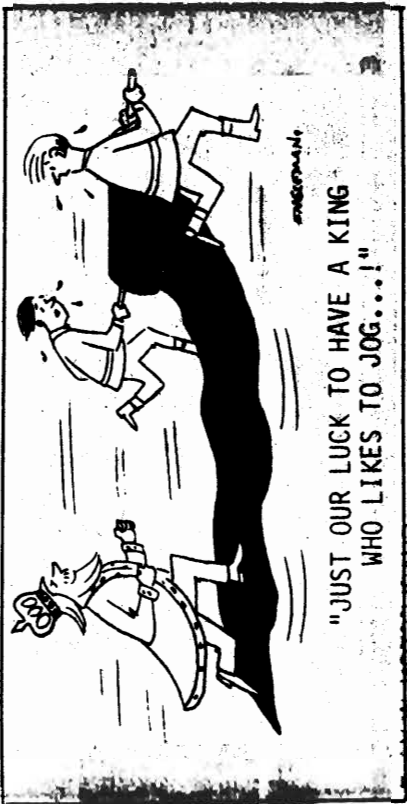
KANAWHA VALLEY ROAD RUNNERS CLUB
MEMBERSHIP - 1978
 Charleston, West Virginia 25317

- ADAMS, George**
 2886 Benson Drive
 Charleston, WV 25302
 342-1380/N
- ALTMAN, Arthur**
 1406 Village Drive
 South Charleston, WV 25309
 708-6359/N 747-5313/O
- ANDSON, Albert, III**
 Apartment B-613
 Terrace Park East
 Charleston, WV 25311
 348-5883/O
- ASBURY, Ron & Kathy & daughter: April**
 1514 1/2
 Mikro, WV 25143
 755-7204/N 755-4306/O
- BAILEY, Thomas**
 3125 1/2
 Mikro, WV 25143
 755-3153/N 346-0314/O
- BARNETT, Don**
 302 Z
 Mikro, WV 25314
 744-6866/N 742-5110/O
- BARTLEY, Chuck**
 Cox 43
 Boone, WV 25039
 595-3867/N 925-4911/S
- BERRY, David**
 611
 Dunbar, WV 25064
 768-6006/N
- BETTER, Leroy**
 213
 Mikro, WV 25143
 755-1183/N
- BUNNELL, Jean**
 3000 Staunton Avenue
 Apartment 45
 Mikro, WV 25304
 348-5530/N 348-4333/O
- BLAKE, Kenneth W.**
 213 Parkway Drive
 St. Albans, WV 25177
- BOYD, Ray**
 Route 4, Box 463-A
 Portsmouth, Ohio 45662
 776-5579/N
- BRANNER, Frank**
 2303 Winchester Road
 South Charleston, WV 25303
 342-1022/N 747-4801/O
- BRISQER, Brent**
 6676 Farmdale Road
 Barboursville, WV 25504
 736-5447/N
- BRUK, Dennis**
 408 Skyline Drive
 Charleston, WV 25302
 342-8675/N 747-7332/O
- BRUMFIELD, Larry**
 1400 Highland Drive
 Apartment 608
 St. Albans, WV 25177
 722-2886/N 747-4896/O
- BRYSOHN, Non**
 1568 E. Woodland Drive
 Charleston, WV 25314
 345-3525/N 344-0288/O
- BUCKLEY, Barbara**
 147 Abney Circle
 Charleston, WV 25314
 346-6883/N 925-4711/O
- BURGESS, Bennett & Jean, Daniel, Harry & Carolyn**
 85
 St. Albans, WV 25177
 727-2087/N 722-3351/O
- BURGESS, Jerry**
 27 Bonomo Drive
 St. Albans, WV 25177
 727-5010/N 348-9459/O
- BURGESS, Jim**
 1044 Beech Avenue
 Charleston, WV 25302
 344-8833/N 348-5806/O
- CAMPBELL, Gregory**
 2018 Marlina Branch Road
 Charleston, WV 25304
 904-0553/N 342-4191/O
- CANNMICHAEL, Terry**
 P. O. Box 8712
 South Charleston, WV 25303
 744-3581, ext. 346/O
- CANNOLL, Robert**
 Route 1, Box 27
 Carson, WV 25139
 779-4336/N
- CANPE, James**
 1720 Seith Road
 Charleston, WV 25314
 342-4336/N 747-5842/O
- CHEELY, Albert H & Kelly**
 1323 Village Drive
 South Charleston, WV 25309
 708-8505/N 747-2346/O
- CHRISTIE, John**
 1105 Bridge Road
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 342-1139/N
- CICCARELLO, Vincent, Jr.**
 P. O. Box 8161
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 344-4344/N 708-6186/O
- COTTER, John**
 E. I. Dupont
 Belle, WV 25015
 949-4513, ext. 474/O
- CONWAY, Richard**
 1730 Rolling Hills Circle
 Charleston, WV 25314
 346-5546/N 727-2016/O
- COPELAND, David**
 111
 Charleston, WV 25314
 343-2139/N
- COUNTS, Michael**
 111
 Charleston, WV 25301
 345-0782/N 344-7598/O
- DAVIS, Mike**
 505
 Boone, WV 25102
 984-0552/N 744-3050/O
- DUNSON, Tom & John & Kathy and Tommy**
 77
 Charleston, WV 25314
 342-3082/N 747-4284/O
- DEAN, Grace & Bill & Son, Bill**
 6
 Seneca Hill
 Elkhorn, WV 25071
 965-1465/N
- DEAN, Mike**
 14 Woodwood Road
 Charleston, WV 25314
 348-2300/O
- DELFINE, Gene**
 112-High Street, Apt. C.
 St. Albans, WV 25177
 727-0413/N 766-6106/O
- DELLI, David**
 5400 Big Tule Road
 8109, B. Apt. 204
 Village Hills Apts.
 Charleston, WV 25312
 776-6879/N 747-4651/O
- DIPIERO, Tim**
 885 Rosalana Hills Drive
 Dunbar, WV 25064
 768-3287/N 747-2572/O
- DOCKERTY, Ray and Pam**
 Box 37
 Scott Depot, WV 25560
 755-5973/N 768-9711, ext. 233
- DUNN, F. E. David**
 943
 Charleston, WV 25304
 925-5990/N 348-5671/O
- DUPPE, Don**
 66
 St. Albans, WV 25177
- FARCHILD, Phil**
 13
 Charleston, WV 25314
- FARRELL, Jeff**
 504
 Charleston, WV 25304
 925-6552/N 345-0100/O
- FLEMING, Bob**
 152
 Elkhorn, WV 25071
 965-5075/N 348-8340/O
- FORD, Steve**
 113
 Elkhorn, WV 25071
 965-6122/N 965-6122/O
- FRANK, Priscilla**
 949-4513, ext. 474/O
 Charleston, WV 25304
 925-8131/N 344-6623/O
- FREY, Robert**
 423
 St. Albans, WV 25177
 727-1368/N 348-5122/O
- FREY, Don**
 152
 Charleston, WV 25314
 344-9174/N 348-0550/O
- FURRY, Donald**
 111
 Charleston, WV 25314
 346-6275/N 949-4513, ext. 439
- GARTER, Charles (Ship)**
 111
 Charleston, WV 25314
 346-9913/N 344-4487/O
- GOPF, Larry**
 Box 2, Box 3195
 Charleston, WV 25314
 346-4175/N 343-2413
- GUMBERSON, Mark**
 111
 Elkhorn, WV 25071
 965-6105/N
- GOTWALD, Harold**
 Box 8, Box 25159
 755-2312/N 755-5001/O
- GREENWALD, John**
 2021 Weber Road
 Charleston, WV 25314
 345-2882/N 346-5373/O
- GRIMM, John**
 Box 34
 111
 778-2320/O
- HALL, John & Beverly**
 1531
 Charleston, WV 25314
 343-8095/N 747-4711/O
- HAYMON, Ray**
 7021
 South Charleston, WV 25303
 343-3828/N 747-2572/O
- HEDER, Richard**
 7021
 Charleston, WV 25314
 744-8802/N
- HERRIS, C. V. & Mrs.**
 713
 Charleston, WV 25304
 925-5121/N 747-4139/O
- HAYNES, Charles**
 8808
 Sissonville Drive
 Sissonville, WV 25320
 984-1080/N
- HEDEGE, Daniel**
 10
 Mikro, WV 26413
 776-2912/N 744-9682/O
- HEFNER, Nathaniel**
 2704
 Parkersburg, WV 26101
 483-4148
- HENDERSON, Dick & Trisha, Mary, John, Jean**
 Box 2906
 Charleston, WV 25311
 345-5739/N 343-5971/O
- HESS, Willard & Diane & Lynn, Marcia & Greg**
 200
 Charleston, WV 25314
 346-4784/N 342-4133/O
- HITT, Rick**
 728
 Charleston, WV 25302
 344-1926/N 344-5687/O
- HILSHO, Dr. Paul**
 151
 Charleston, WV 25304
 925-1377/N 346-7698/O
- HODGES, Paul**
 Box 286
 384-7879/N 384-4320/O
- HODSON, Christina**
 Box 1
 Parkersburg, WV 26101
 674-5007/N 674-5005/O
- HUGHES, Barbara**
 111
 Charleston, WV 25314
 346-5162/N 346-0359/O
- LILLY, John A.**
 51
 St. Albans, WV 25177
 727-1740/N 722-4569/O
- LOEACH, Barbara**
 111
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 344-1411/N
- MACKEY, Leonard**
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 768-3606/N 747-4641/O
- MARTER, Francis**
 Met. C-3, University Hgts.
 381, Route 60
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 522-4482
- JAVINS, Bruce**
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 Princess Drive
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 768-2930/N 747-3884/O
- JERKINS, Harry**
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 346-4358/N
- JONES, Jerry**
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 (1-703) 251-0533
- JONES, Jim & Jeff, John, Karen & Jeff**
 5219
 Venable Avenue, SE
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- KAPLAN, Barbara**
 1620
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- KEER, Bill**
 2311
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 768-7440/N 747-4801/O
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 Box 355
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- MACKEY, Leonard**
 1305
 South Charleston, WV 25309
 768-3606/N 747-4641/O
- MARTER, Francis**
 Met. C-3, University Hgts.
 381, Route 60
 Charleston, WV 25305
 522-4482
- JAVINS, Bruce**
 1418
 Princess Drive
 Charleston, WV 25309
 768-2930/N 747-3884/O
- JERKINS, Harry**
 2609
 Rosalana Drive
 Charleston, WV 25302
 346-4358/N
- JONES, Jerry**
 200-B
 Foxridge
 (1-703) 251-0533
- JONES, Jim & Jeff, John, Karen & Jeff**
 5219
 Venable Avenue, SE
 Charleston, WV 25304
 949-2711/O
- KAPLAN, Barbara**
 1620
 Woodvale Drive
 Charleston, WV 25314
 345-1322/N 747-5091/O
- KEER, Bill**
 2311
 West Virginia Avenue
 Dunbar, WV 25064
 768-7440/N 747-4801/O
- KEESMAN, Steve**
 Box 355
 Smiley Bridge, WV 25085
 632-1037/N
- KIMBLE, Beverly**
 119
 Dutch Road
 Charleston, WV 25302
 346-3336/N 342-0161/O
- KNOOP, Andrew**
 601
 Colan Park
 Charleston, WV 25314
 342-8876/N 346-0957/O
- KRAMKELIS, Jeffery & Brenda & Jenda**
 Route 2, Box 248A
 Clendenin, WV 25904
 360-3781/N 340-7101/N
- LEBANSKY, Steve**
 Box 2906
 Charleston, WV 25311
 345-5739/N 343-5971/O
- LESLEY, Bryan**
 908
 Church Hill Circle
 Charleston, WV 25314
 342-8846/N
- LEWIS**

HERMAN



"Where have you been? You're last!"



"JUST OUR LUCK TO HAVE A KING WHO LIKES TO JOG...!"

This is a copy of an early N/L
put together by Don Barnett, it was issued
in 8 1/2 x 11 size and included a race calendar
covering the entire year.

(Additions)

LORD, Greg and Debra
 2428 Mt. Vernon Road
 Charleston, WV 25306
 342-7487/M 722-2317/0

LORENS, John
 2402 Woodland Avenue
 Charleston, WV 25309
 744-8787/M 345-2000/0

MCGINNIS, Patrick
 9000 Mountain View Drive
 Charleston, WV 25314
 St. Albans, WV 25177
 772-5205/M 348-6884/0

MCKENZIE, Mary
 869 Sherwood Road
 Charleston, WV 25314
 348-3971/M 342-7870/M

MCGUIN, Thomas
 1029 Valley Road
 Charleston, WV 25302
 346-3577/M 343-8841/0

MCGAN, John & Doris &
 Anita, Toby & Hilary
 1422 Groscup Avenue
 Johns River, WV 25084
 768-8642/M

MARDEVILLE, John
 2806 Winter Street
 St. Albans, WV 25177
 772-3684/M 747-4068/0

MCKESSSEL, Richard & Linda
 Steve & Susan
 317 Kanawha Avenue, SE
 Charleston, WV 25304
 342-8332/M 346-9471/0

MEERS, J. Richard &
 Mary & Doug
 4224 Valley Drive
 South Charleston, WV 25303
 744-0522/M 744-5314/0

MORGAN, Mike
 4203 McHenry Lane
 Charleston, WV 25312
 744-0845/M 346-0951, ext. 7811

MORELL, Dennis & Barbara &
 1124 Emerald Road
 Charleston, WV 25314
 346-5172/M 747-5863/0

MORRIS, Thelma
 2518 Wintzer Street
 St. Albans, WV 25177
 772-9887/M 747-4981/0

MORSE, Walter
 1020 Northway Drive
 St. Albans, WV 25177
 772-2872/M 346-0859/0

MOYERS, Chuck
 1326 Mt. Vernon Place
 Charleston, WV 25314
 346-7904/M 747-5133/0

MULLER, Robin
 1404 Village Drive
 Charleston, WV 25309
 768-2491/M

MULLINS, Ted
 1550 Summit Drive
 Charleston, WV 25304
 344-3741/M 768-8861, ext. 317

MEYERS, David
 693 Clearview Heights
 Charleston, WV 25312
 904-3744/M 344-2336/0

MAELEE, Marc
 5161 Russet Drive
 Charleston, WV 25312
 776-5668/M 747-5170/0

McPHOUSE, Jack & Ruth
 515 Rosemont Avenue
 Charleston, WV 25303
 345-6031/M 348-7017/0

NICHOLS, Glenn
 424 C Street
 Charleston, WV 25306
 772-1559/M

NIDA, Richard
 330 Glendale Avenue
 Charleston, WV 25303
 744-0939/M 346-6340/0

ODELL, William
 5505 Mountain View Drive
 Charleston, WV 25314
 772-2681/M 768-3748/0

PALZ, Lee
 2325 Windham Road, W 25303
 343-4474/M 343-3776/0

PALMER, John IV
 321 McKinley Avenue
 Charleston, WV 25314
 342-3974/M 343-6841/0

PATTERSON, Lyndell
 3504-B Staunton Avenue, SE
 Charleston, WV 25304
 346-7537/0

PERRY, Connie
 4991-D Colonial Park Drive
 Charleston, WV 25309
 768-3177/M

PFEIFFER, Randy
 5400 Big Tyler Road
 Big, S., #307
 Charleston, WV 25312
 776-6849/M 747-5170/0

PFISTER, Al & Lois &
 Connie, Alf & Phillip
 South Charleston, WV 25303
 744-1859/M 343-9555/0

PINEFETTI, John
 5145
 Charleston, WV 25312
 776-1081/M

PIRACY, James
 2128
 Elmhurst, WV 25071
 965-3442/M 747-4339/0

PLATT, Bob
 4000
 Charleston, WV 25314
 346-4929/M 346-0837/0

PLATT, Ron
 4000
 Charleston, WV 25302
 342-7309/M 346-0331/0

POOLE, Tom & Kay &
 4806 Kanawha Avenue, SE
 Charleston, WV 25304
 925-6229/M 342-8507/0

PRESTON, Jim
 1109 Summit Drive
 St. Albans, WV 25177
 772-5918/M 348-0111/0

McREARD, Merrill
 668
 Dunbar, WV 25064
 768-3489/M 345-3950/0

QUIMMAN, Patrick & Carolyn
 2410 Lincoln Avenue
 St. Albans, WV 25177
 727-5944/M 348-3160/0

REED, Boyd
 1814 Lakelane Drive
 Sissonville, WV 25330
 984-9145/M 342-8166/0

REINE, Donald
 1412 Quarrier Street
 Charleston, WV 25311
 345-1612/M 348-0416/0

RICH, Wayne A., Jr.
 3707 Virginia Avenue, SE
 Charleston, WV 25306
 342-8397/M 344-6381/0

RUMYAN, Leo
 Route 7, Box 361 A
 North Charleston, WV 25309
 744-0737/M

RUMYAN, Wes
 367 Eureka Road
 Charleston, WV 25314
 348-2903/M 348-1071/0

SHARP, Frank
 2313 Washington St., East
 Charleston, WV 25311
 342-2488/M 346-5072/0

SKAGGS, Charles O.
 Box 113
 Montgomery, WV 25136
 755-5843/M 755-7561/0

SLOAN, Leland
 1010 Northway Drive
 St. Albans, WV 25177
 722-2093/M 722-3357/0

SMITH, Charles H.
 1213 Park Avenue
 Metro, WV 25143
 755-2120/M 747-6643/0

SMITH, Jeff
 1533 W. 15th Street
 Metro, WV 25143
 755-4731/M

SWYER, James & Caryle
 John & Jimmie
 101 Lynn Street
 South Charleston, WV 25303
 744-6610/M 747-4177/0

SPANMOR, Charles
 2324 S. Main Drive
 Charleston, WV 25302
 772-3784/M 755-3351/0

SPATH, Robert
 403 Fairview Drive
 Charleston, WV 25302
 342-6308/M 344-8361/0

SPALDING, Leonard
 General Delivery
 Charleston, WV 25118
 442-5628/M

STARK, Charlie
 1593 Mottlingham Road
 Charleston, WV 25314
 744-8238/M

STEWART, Berry
 4214 Lewis Street
 Charleston, WV 25302
 346-4169/M 346-0494/M

STIGALL, Walter
 209 Knollwood Drive
 Charleston, WV 25302
 342-4495/M

STOUT, Worley
 106 Oakwood Road
 Charleston, WV 25302
 776-2806/M 346-3606/0

STONER, Trenton
 627 Main Street
 Charleston, WV 25301
 675-6803/M 675-3797/0

STULTZ, Gardner &
 Libby, Laura, Karen & James
 Charleston, WV 25314
 346-6082/M 342-5174/0

TIMMER, Dale
 137 Jimmers Circle
 Charleston, WV 25306
 562-5613/M 346-2981/0

TUCKER, C. Hyde
 2029 Huber Road
 Charleston, WV 25314
 346-8397/M 344-6381/0

TWEEDY, Jim
 5315 Chesnut Avenue
 Charleston, WV 25309
 768-6870/M 348-5286/0

VECCHIO, Ernie
 368 Rosalina Hills
 Charleston, WV 25314
 768-9827/M 768-9827, 218

VINCENT, Richard
 305 Delray Drive
 Charleston, WV 25311
 727-5350/M 346-3403/0

VALDORF, Lola
 1425 West 14th Street
 Charleston, WV 25302
 755-5843/M 755-7561/0

MAVORIGHT, Fred &
 Betty & Teddy
 524 Peninsula Avenue
 St. Albans, WV 25177
 722-2485/M 727-1281/0

WEBER, Harvey &
 107 Peninsula Circle
 Metro, WV 25143
 776-1471/M 747-5194/0

WEST, Ross
 684 Forest Circle
 South Charleston, WV 25303
 744-5795/M

WEISS, David
 796
 Charleston, WV 25312
 984-9281/M 348-6340/0

WILLS, Virginia, Jr.
 W.D. #215
 Alloy, WV 25002
 779-2686/M 779-9004/0

WOODMAN, Peggy
 1303
 Charleston, WV 25302
 346-5768/M 343-4138/0

WDAY, William
 4000
 Charleston, WV 25304
 346-7638/M

WRIGHT, Paul
 1510
 Charleston, WV 25311
 346-1495/M 348-6470/0

YOUNG, Charles
 744-6886/M 747-3745/0

ZARSKI, John
 4472 826 Tyler Road
 Charleston, WV 25312
 776-4119/M 768-9711, ext. 300

HALL OF FAME

Euphoria accompanied the push to establish a National Track and Field Hall of Fame.

Highlights included the attention-getting jogs around the Capitol, the march on the Capitol and the emotional relay of the Olympic torch from Montreal to Charleston.

These projects kept Don Cohen's idea alive, before the public and helped secure a legislative appropriation.

Perhaps sights were set too high, too idealistic.

It appears that there will be a Hall of Fame despite financial snags. In the realistic financial light of day, it is becoming evident that the athletic facilities associated with the Hall of Fame - an outdoor all-weather track and possibly an indoor track - will be under the control of the Kanawha County Board of Education.

The Board of Education is the financial agent of the combined Laidley Field Hall of Fame project. It probably will operate the Laidley Field complex under the same formula as applied to old Laidley Field - free to the schools and available to outside groups such as the Kanawha Valley Road Runners for a fee.

From the days of unguarded optimism at the outset of the Hall of Fame concept, it was understood that private funds be raised to match public funding. The private funds are not in sight and it is becoming increasingly clear that State and Federal tax dollars will pay for the entire project.

Most members of the Kanawha Valley Road Runners are oriented toward road running.

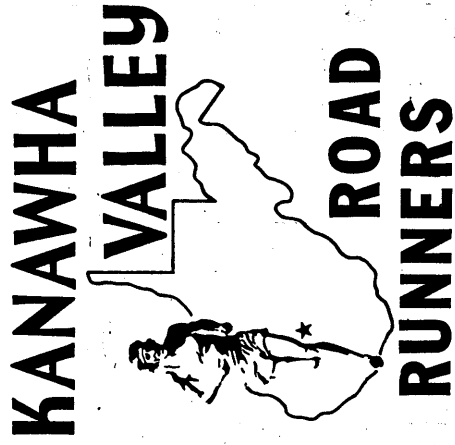
Some also make extensive use of tracks, and there may be considerable improvement this year of the Dupont, South Charleston and St. Albans High School facilities. All are long overdue to receive all-weather surfaces with Board of Education funds supposedly committed.

All should be available to the public, free of charge, after school hours and when not required by the schools.



CLUB SHIRT

At last we have a Club shirt and with the paying of your 1979 Club dues you will receive one free. Due to the high cost of postage, it will be impossible to mail your shirt to you. A special card, which will be included with your 1979 Club card, may be redeemed at any of the upcoming runs to receive your shirt.



NEW CLUB LOGO

THE MOST IMPROVED RUNNER OF 1978

If we gave an award for this category it would very probably go to thirty-one year old JERRY BURGESS of St. Albans. Jerry began running in December, 1977, carrying a weight of over 206 pounds which, at a height of about 6 feet, could not be called SVELTE!

Jerry is now in the 160 pounds range and is running five (5) miles in just over 28 minutes and still improving. He exemplifies the fact that you don't have to "look like a bird" to excel in distance running. The "Juantorena of KVRRC"!